

How to find: Frizlands Lane Reuse and Recycling Centre



Address: Frizlands Lane Reuse and Recycling Centre (RRC)
Rainham Road, North Essex RM10 7HX

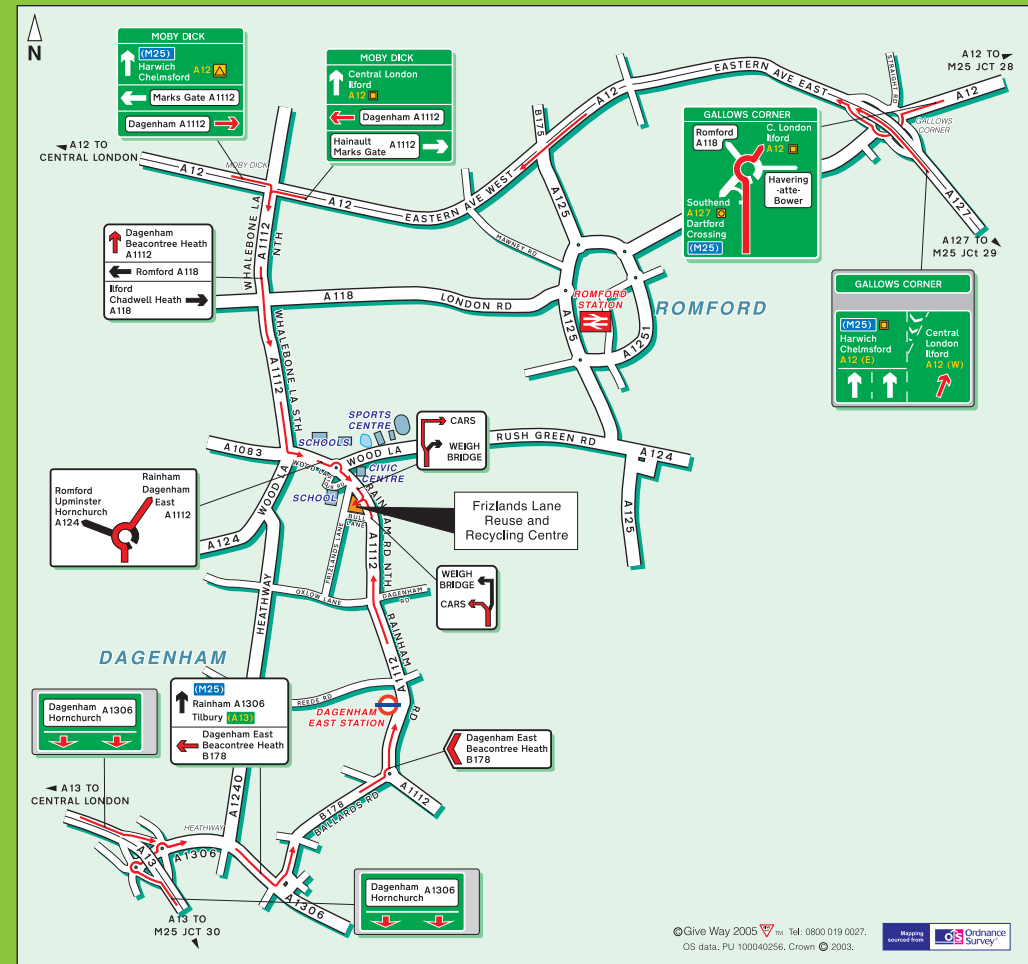
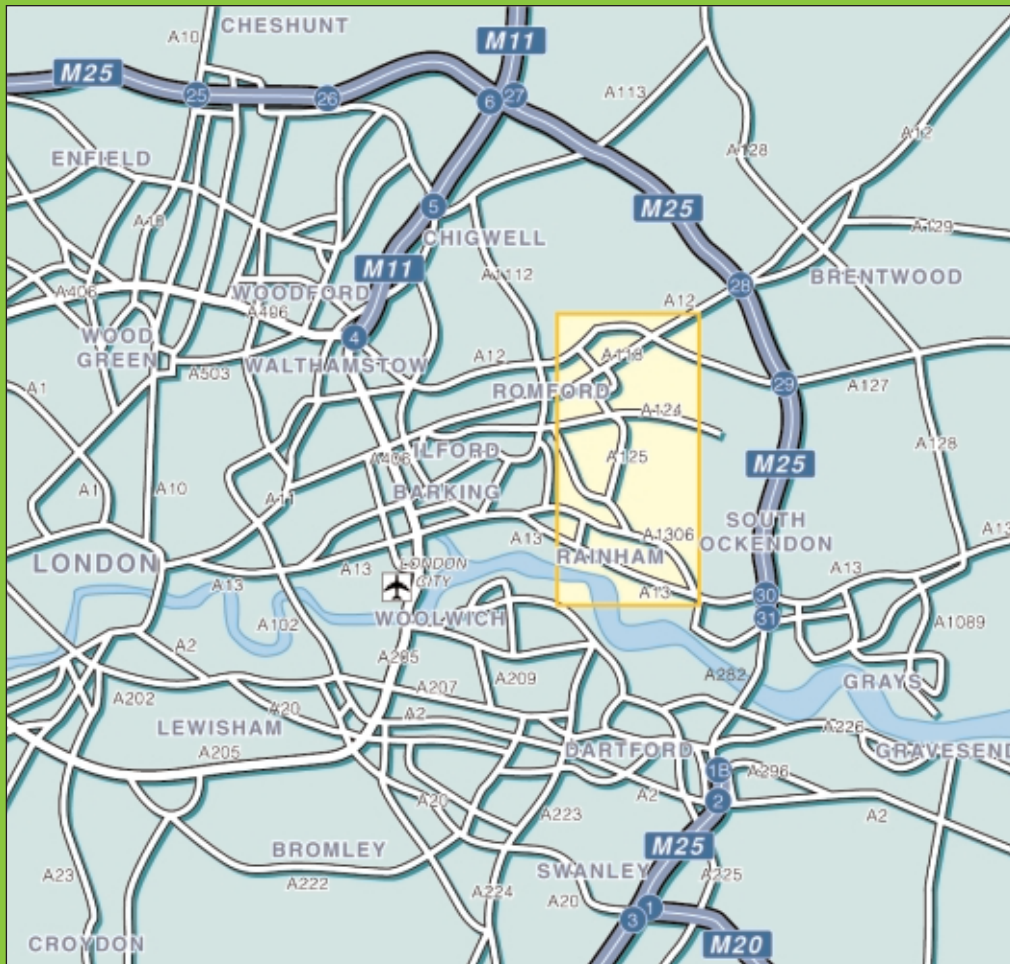
Contact: Freephone 0800 389 9918

Hours of operation:

7.30 am – 4.30 pm Weekdays
7.30 am – 4.00 pm Saturdays
8.00 am – 4.00 pm Sundays
Trade 8.00 am – 4.00 pm Weekdays
Closed Christmas Day, Boxing Day and New Year's Day

Directions to the Frizlands Lane RRC:

Frizlands Lane RRC is not in Frizlands Lane it is in Rainham Road North. The entrance to Frizlands Lane RRC is on the left (Rainham Road North) and is in close proximity to the London Borough of Barking and Dagenham's Civic Centre.



Layout of the Frizlands Lane RRC



What can be recycled at the Frizlands Lane RRC

- White goods (fridges, freezers, cookers)
- Rubble and waste-building materials
- Cardboard
- Scrap metals
- Wood
- Glass (bottles, jars)
- Plastic bottles
- Cans (aluminium, steel)
- Textiles and shoes
- Newspapers and Paper
- Engine oil
- Car batteries
- General waste
- Green garden rubbish

Stay safe during your visit to the RRC

We hope that you have a safe visit to the RRC site. Please ask our staff for assistance if you need it and follow these safety tips. Please:

- Wear strong shoes and suitable clothing,
- Adhere to the speed limit of 5 miles per hour,
- Take care when walking around the site particularly when carrying loads to avoid tripping.

- Remember to carry heavy items with care.
- If you have children and pets and you bring them to the RRC please ensure that they stay in the car while you are unloading.
- Wrap sharp items up carefully and wear gloves when carrying them.
- Please use the steps provided; don't throw materials into containers from lower levels.

Violent and aggressive behaviour towards our staff will not be tolerated. Should this occur the police will be called and you will be banned from the site.



For more information please freephone Shanks East London on 0800 389 9918